



# THE EXECUTIVE AND LEADERSHIP COACHING ACADEMY

## Program Overview

Managing and leading today is more complex than ever. The constant disruptive change of rapidly emerging technologies, threats, and opportunities means even the most experienced managers no longer hold all the answers. Organizational resilience and innovation today requires agility, with people empowered to find ways forward themselves.

Equally, talent today expects autonomy, and for leaders to empower and inspire them. Investing in a strong learning culture, built on coaching and mentoring, is a mainstay for the most successful brands today, with managers at all levels supporting, guiding, and teasing out solutions with questions rather than instructing: facilitating their people to adapt, grow, create, develop, and innovate.

The Executive and Leadership Coaching Academy, a transformative 7-month hybrid learning experience that will prepare you to reach your leadership coaching goals. The program has been designed to meet the educational requirements for the ICF certification at the ACC and PCC level. **All modules will include pre- and post-work.**

## Program Agenda

<b>Module 1</b>	Johns Hopkins Carey Business School, Baltimore, Maryland	This foundational module sets the stage for participants to focus on developing self-awareness, coaching presence, and curiosity—key elements of effective coaching. Participants will engage in reflective exercises, coaching frameworks, and interactive coaching conversations to explore how their thoughts, emotions, and past experiences shape their coaching approach.
<b>Module 2</b>	Live Virtual	The Science of Change
<b>Module 3</b>	Live Virtual	Building Coaching Relationships
<b>Module 4</b>	Live Virtual	Mastering Coach Communication
<b>Module 5</b>	Live Virtual	Coaching for Outcomes
<b>Module 6</b>	Live Virtual	Coaching in Organizations
<b>Module 7</b>	Johns Hopkins Carey Business School, Baltimore, Maryland	Coaching for Impact